## Sampling Methods Using STATA

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- Probability (Random) Sampling
  - Simple random sampling (SRS)
  - Systematic sampling
  - Stratified sampling
  - Cluster sampling
  - Multistage sampling

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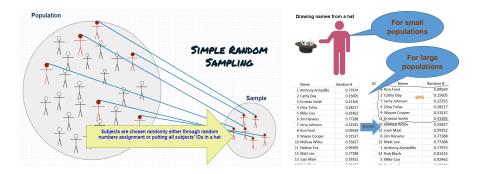


**Simple Random Sampling (SRS):** it's a sampling method in which each subject of the *sampling frame* has an equal chance of being selected into the sample [1]. SRS is the most popular method of random sampling. There are two types of SRS: with replacement and without replacement. SRS with replacement is less common.

## Advantages:

- Easy to use in small populations.
- With an appropriate sample size, SRS provides a highly representative sample of the target population.

- Difficult to use in large populations (expensive: time and cost).
- Small segments of the target population may not be present in the sample with sufficient number of subjects.



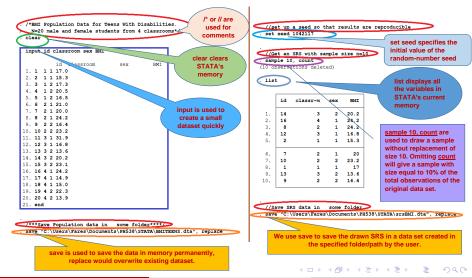
**Example:** Obtain an SRS of size n from the population of all adults over age 50 who have high blood pressure in Albuquerque.

#### Steps:

- 1. Enter the sampling frame list into a data set.
- 2. Assign a random number to each subject.
- 3. Sort the subjects by the assigned random numbers.
- 4. Select the first *n* subjects from your sorted list.



**How to get an SRS using STATA:** In the following example we will obtain an SRS of 10 students from a BMI Population of 20 Teens.

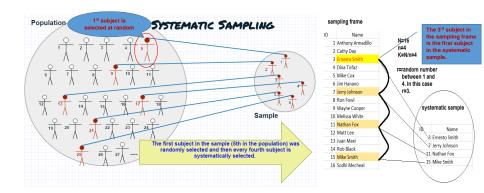


**Systematic sampling:** it's a sampling method in which subjects are chosen in a systematic way such that one first randomly picks the first subject from the sampling frame and then selects each kth subject from the list (k = N/n) [1]. If the sampling frame is randomly shuffled, then systematic sampling is equivalent to SRS.

## **Advantages:**

- Fast and easy.
- With an appropriate sample size, it provides a highly representative sample of the target population since, by construction, the sample is uniformly distributed over the sampling frame.

- Might lead to bias if the sampling frame is arranged in a specific pattern and the periodicity of the sampling matched the periodicity of that pattern.
- May not capture certain segments of interest from the target population.

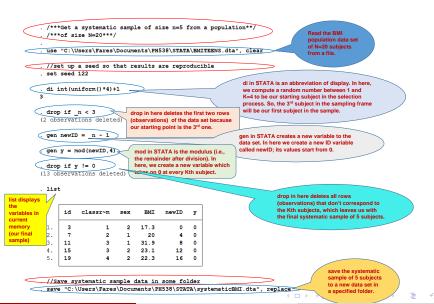


**Example:** Obtain a systematic sample of size n from the population of all adults over age 50 who have high blood pressure in Albuquerque.

Steps: 1. Enter the sampling frame list into a data set.

- 2. Calculate the sampling interval K = N/n.
- 3. Generate a random number between 1 and K, say r.
- 4. Select the  $r^{th}$  subject from the sampling frame and then select every  $K^{th}$  subject.

**How to get a systematic sample using STATA:** In the following example we will obtain a systematic sample of 5 students from a BMI Population of 20 Teens.

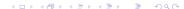


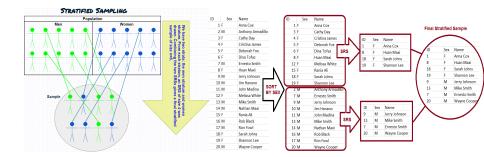
**Stratified sampling:** it's a sampling method in which a sample is obtained by firstly dividing the population into subpopulations (strata) based on some characteristics and then an SRS is taken from each stratum [1]. Combining the obtained SRSs will give the final stratified sample. Minority subgroups of interest can be ensured by stratification. There are two types of stratified sampling: proportionate and disproportionate. In the proportionate one, we draw a sample from each stratum in proportion to its share in the target population. By this method, each stratum should be internally homogeneous.

#### Advantages:

- Has the highest precision among other sampling methods.
- The sample is more representative as it allows certain segments of interest, from the target population, to be captured.
- We could use other sampling methods than SRS in each stratum.

- Might introduce some complexities at the analysis stage.
- More time consuming and effort than other sampling methods.
- Requires separate sampling frames for each stratum.



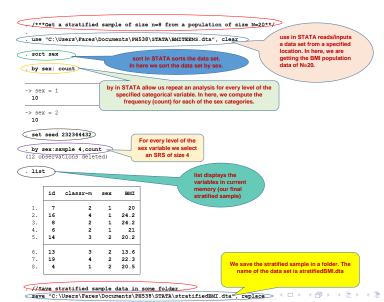


**Example:** Obtain a stratified sample by RACE of size n from the population of all adults over age 50 who have high blood pressure in Albuquerque.

**Steps:** 1. Enter the sampling frame list into a data set.

- 2. Sort the sampling frame by Race.
- 3. Select an SRS from each Race stratum such that the proportion  $n_i/n$  reflects the proportion of the  $i^{th}$  stratum in the population where  $n_i$  is the SRS size obtained from the  $i^{th}$  stratum and n is the final stratifies sample size.
- 4. Combine all SRSs obtained from all strata to make the final stratified sample.

**How to get a stratified sample using STATA:** In the following example we will obtain a stratified sample by Gender of 8 students from a BMI Population of 20 Teens.



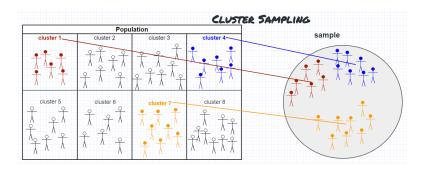
Cluster sampling: it's a sampling method in which the target population is first divided into naturally occurring clusters and then a random sample of clusters is obtained such that all subjects in the randomly selected clusters are included in the sample [1]. Sometimes, we include an SRS from each selected cluster instead of including all subjects which makes the sampling method to be called a two-stage sampling method. By this method, clusters should be internally as heterogeneous as the target population itself.

Cluster sampling

#### Advantages:

- Doesn't require a sampling frame.
- Time and cost efficient compared to other sampling methods.
- Cluster samples have larger sample sizes.

- Produces higher sampling error.
- It's the least representative of the target population among random sampling methods.

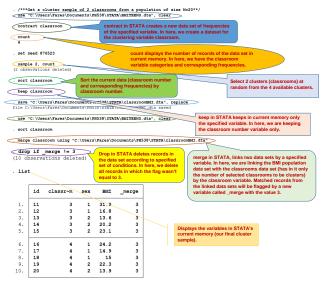


**Example:** Obtain a cluster sample by Geographical Region of size n from the population of all adults over age 50 who have high blood pressure in Albuquerque.

**Steps:** 1. Divide the target population into k Geographical Regions (clusters).

- 2. From the K clusters, select at random h clusters.
- 3. For each randomly selected cluster include all subjects (adults over age 50 who have high blood pressure.
- 4. Combining all selected subjects from the randomly selected clusters makes the final cluster sample.

**How to get a cluster sample using STATA:** In the following example we will obtain a cluster sample of 2 classrooms of students from a BMI Population of 20 Teens.



**Multistage sampling:** It's a sampling method in which we use combinations of two or more sampling methods at least one of which involves randomness [2]. The most common examples for multistage sampling are Stratified random sampling and cluster sampling. For example, in the 2 stage cluster sampling, in Stage 1, we use cluster sampling to choose clusters from a population. Then, in Stage 2, we use simple random sampling to select a subset from each cluster for the final sample.

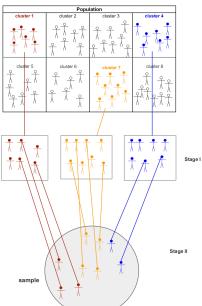
Multistage sampling

#### Advantages:

- Cost and Time effective.
- Sometimes, it does not require a sampling frame.
- Multistage samples have larger sample sizes.

- Difficult and complex design.
- Partially subjective.
- Induces lower accuracy due to higher sampling error.

#### MULTISTAGE SAMPLING



**Example 1:** Obtain a multistage sample of size n from the population of all adults over age 50 who have high blood pressure in Albuquerque.

**Steps:** 1. Divide the target population into k Geographical Regions (clusters).

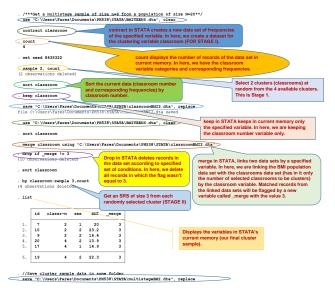
- 2. From the K clusters, select at random h clusters.
- 3. From each randomly selected cluster select an SRS.
- 4. Combining all selected SRSs makes the final multistage sample.

**Example 2:** Obtain a multistage sample of size n from the population of all adults over age 50 who have high blood pressure in Albuquerque.

**Steps:** 1. Enter the sampling frame list (if available) into a data set.

- 2. Sort the sampling frame by Race.
- 3. Select an SRS from each Race stratum such that the proportion  $n_i/n$  reflects the proportion of the  $i^{th}$  stratum in the population where  $n_i$  is the SRS size obtained from the  $i^{th}$  stratum and n is the final stratifies sample size.
- 4. Combine all SRSs obtained to make the final multistage sample.

**How to get a multistage sample using STATA:** In the following example we will obtain a multistage sample of size 6 from a BMI Population of 20 Teens.



**Convenience sampling:** it's a non-probability sampling method in which subjects are conveniently available to the researcher [3]. This is the most popular method of non-probability sampling and sometimes is called accidental sampling.

## **Advantages:**

- Cheap and simple; requires no planning.
- Helpful for pilot studies and hypotheses generation.

## **Disadvantages:**

- Unrepresentative of the target population.
- Suffers from selection bias.

Remark: For other non-probability sampling methods please revisit [4].

**Sampling Bias:** Sampling bias refers to over-representation or under-representation of some subgroups of the target population. There are two types of sampling bias including random errors and systematic errors [5].

**Random Error:** error is reduced with increased sample size. It's due to the sample size. Error is evenly distributed across the sampling frame.

**Systematic Error (bias):** error is not reduced with increased sample size. It's due the design; mainly non-randomness.

#### References



[1]. Lohr, Sharon (2009). Sampling: design and analysis. Cengage Learning.



[2]. Foreman, E. K. (1991). Survey sampling principles. CRC Press.



[3]. Trevino, J. J. (2012). Addiction Research Methods edited by Peter G. Miller, John Strang, Peter M. Miller.



[4]. DePoy, E., and Gitlin, L. N. (2015). Introduction to research: Understanding and applying multiple strategies. Elsevier Health Sciences.



[5]. Norell, S. E. (1995). Workbook of epidemiology. Oxford University Press.

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# Thank you. For questions, Email: FQeadan@salud.unm.edu

For STATA:

Do file: http://www.mathalpha.com/SAMPLING/sampling.do